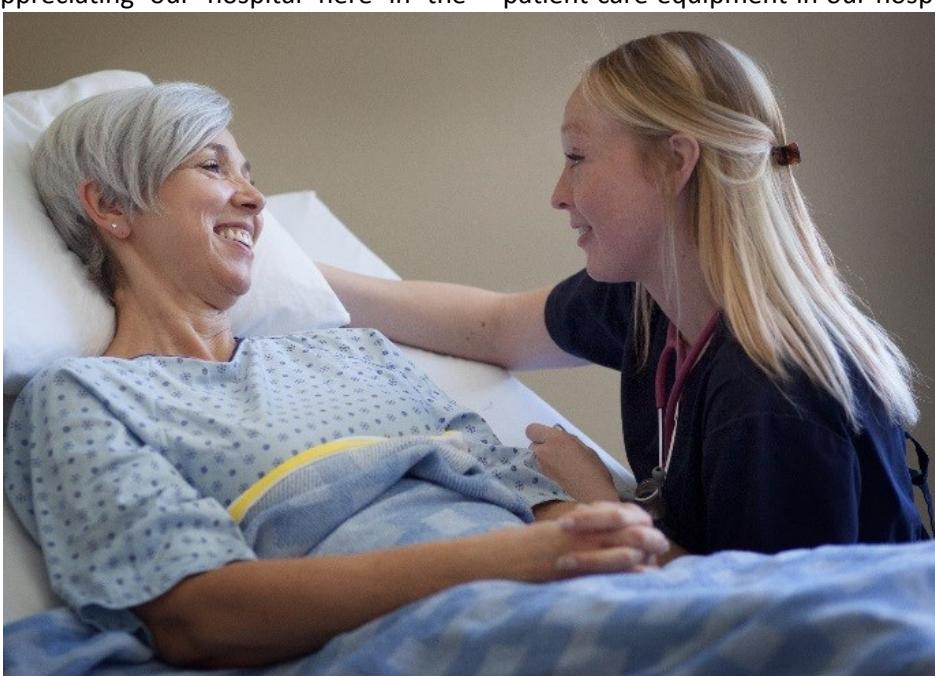


REAL STORIES. REAL PEOPLE.

Making a Difference in the Lives of Others!

After time at the Ottawa Hospital Trauma unit following a serious car accident, I was relieved to learn that I would finally be coming home... to our hospital here in Carleton Place. Being back in my own community was the next best thing to being in my own home. I've always known that how a person feels mentally and emotionally has a huge impact on their ability to heal. **I've now experienced that firsthand.** I felt at home at CPDMH. I felt like a human being, not just a name on a patient roster. I felt visible and someone worth caring for. It meant a lot to be close to home – less travel time and stress for family and friends wanting to visit.

I've spent times throughout my life appreciating our hospital here in the community. I have memories of being comforted as a seven year old having her tonsils out – terrified at the prospect of being in hospital and staying alone overnight. Many years later I was made to feel welcome by the nurses when I was there with my dying mom 24/7 in her room, wanting to continue caring for her even though she was no longer able to be at home. I have spent many a visit as a mom myself in the emergency room, seeking help and advice to soothe my kids' ailments – ranging from high fevers to all manner of sports injuries. And now I have yet another experience to add to my gratitude list... support and care during my own physically and emotionally traumatic experience, including learning how to walk again.



There are so many communities less fortunate than ours — that don't have a local hospital close to home. Access to quality health care is a corner stone of a healthy community. It's one of the many reasons people choose to live here or want to move here. I am eternally grateful to the team of dedicated, skilled and compassionate individuals who I was fortunate enough to have caring for me during my stay. I have a lifetime of reasons to be grateful for our hospital and the people who work at CPDMH... staff and volunteers alike.

I'm embarrassed to admit that I didn't realize until recently that the Ministry of Health and Long Term Care **does not** fund the vital and necessary life-saving patient care equipment in our hospital and that instead we rely on donations. I am SO grateful to everyone who has helped the hospital buy this equipment that is critical to caring for patients — people like me or my family members or friends. Without these donations, our hospital couldn't function and I would not have been able to come back to my own community to heal... so **THANK YOU** for joining me in making a gesture — big or small -- to show that you care about having quality care here in our community... that you want the best equipment available to treat you or someone you love.

A grateful patient, Tracy Lamb

Photo : Tracy Lamb with RPN, Sarah Bunker, at the Carleton Place and District Memorial Hospital.

More than ever...YOUR Donation COUNTS!

Please consider making a one-time gift or sign up as a monthly donor and make real difference year-round! A monthly gift is an affordable and efficient way to make a big difference, a little bit at a time. Your monthly donation offers the CPDMH Foundation with a stable, reliable and much needed income throughout the year and it saves on admin costs and stamps as you only receive one receipt for the total amount of your donation at the end of the year. You can change the amount or cancel your contribution at any time. Simply fill out the form below with either donation option and send it to the Foundation Office and we'll be in touch! **Thank you, we truly appreciate YOUR support!**

Name (First): _____ Name (Last): _____

Address: _____

City: _____ Postal Code: _____ Phone: 613 - _____ - _____ Email: _____

I would like to give a one-time gift of: \$25 \$50 \$75 \$100 Other \$ _____

OR, once a month I will give: \$5 \$10 \$25 \$50 \$100 Other \$ _____

Enclosed is my VOID cheque **OR** below is my credit card information for my donation:

VISA MasterCard Card # _____ Expiry Date _____ / _____

Yes, I authorize CPDMH Foundation to withdraw the following amount from my bank account monthly.

I may change the amount or cancel my monthly contribution at any time by notifying the CPDMH Foundation.

I authorize the CPDMH Foundation to draw on my bank account through my financial institution or credit card on approx. the 15th of each month beginning:

Start Date _____ End Date* _____
**if applicable for your monthly gift*

At the end of the year, we will issue you an official receipt for the total amount of your donations.

Charitable Registration #86610 5398 RR0001

Signature _____

Date _____



Please send the above donation form to: Carleton Place & District Memorial Hospital Foundation | 211 Lake Avenue East, Carleton Place, ON, K7C 1J4
613-257-2200 x 856 | foundation@carletonplacehosp.com | cpdmhfoundation.ca | Twitter and Facebook: @CPDMHFoundation